UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): August 24, 2020

RED ROBIN GOURMET BURGERS, INC.

(Exact name of registrant as specified in its charter)

Delaware (State or other jurisdiction of incorporation) 001-34851 (Commission File Number) 84-1573084 (IRS Employer Identification Number)

6312 S. Fiddler's Green Circle, Suite 200N Greenwood Village, Colorado (Address of principal executive offices)

80111 (Zip Code)

Registrant	's telephone number, including area code: (303)	846-6000
(Forme	Not Applicable er name or former address, if changed since last r	report)
Check the appropriate box below if the Form 8-K filing is intended	ed to simultaneously satisfy the filing obligation	n of the registrant under any of the following provisions:
 □ Written communications pursuant to Rule 425 under the S □ Soliciting material pursuant to Rule 14a-12 under the Exc □ Pre-commencement communications pursuant to Rule 14c □ Pre-commencement communications pursuant to Rule 13c 	hange Act (17 CFR 240.14a-12) d-2(b) under the Exchange Act (17 CFR 240.14d	
Securities registered pursuant to Section 12(b) of the Act:		
Title of each class Common Stock, \$0.01 Par Value	Trading Symbol(s) RRGB	Name of each exchange on which registered NASDAQ (Global Select Market)
Indicate by check mark whether the registrant is an emerging gro the Securities Exchange Act of 1934 (§240.12b-2 of this chapter)		urities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of
Emerging growth company \square		
If an emerging growth company, indicate by check mark if the re accounting standards provided pursuant to Section 13(a) of the E		sition period for complying with any new or revised financial

ITEM 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers

On August 24, 2020, Dean Cookson tendered his resignation as Senior Vice President and Chief Information Officer of Red Robin Gourmet Burgers, Inc. (the "Company"), effective August 28, 2020, to pursue other business opportunities.

In connection with Mr. Cookson's resignation, the Company has agreed to provide Mr. Cookson: (i) a lump sum payment equal to twelve months of salary, and (ii) COBRA benefits in the form of a lump sum in cash equal to the product of (x) the portion of monthly premiums of Mr. Cookson's group health insurance, paid by the Company and (y) twelve, subject to Mr. Cookson signing the Company's standard form of separation agreement, which includes a waiver and full release of claims against the Company as well as customary confidentiality, non-solicitation, non-competition, and non-disparagement provisions.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: August 24, 2020

RED ROBIN GOURMET BURGERS, INC.

By: /s/ Michael L. Kaplan

Name: Michael L. Kaplan Title: Chief Legal Officer