

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): September 29, 2025

RED ROBIN GOURMET BURGERS, INC.

(Exact name of registrant as specified in its charter)

Delaware
(State or other jurisdiction of
incorporation)

001-34851
(Commission File Number)

84-1573084
(IRS Employer
Identification Number)

10000 E. Geddes Avenue, Suite 500
Englewood, Colorado
(Address of principal executive offices)

80112
(Zip Code)

(303) 846-6000
(Registrant's telephone number, including area code)

Not Applicable
(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- ☐ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
☐ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
☐ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
☐ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

Title of each class	Trading symbol	Name of each exchange on which registered
Common Stock, \$0.001 par value	RRGB	Nasdaq (Global Select Market)

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company ☐

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. ☐

ITEM 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On September 29, 2025, Robyn Arnell Brenden notified Red Robin Gourmet Burgers, Inc. (the "Company") of her resignation as Chief Accounting Officer of the Company, to be effective as of October 17, 2025. Ms. Arnell Brenden will continue in her role and assist in the transition of her responsibilities until her departure from the Company.

Effective immediately following Ms. Arnell Brenden's departure, Todd Wilson, the Company's Chief Financial Officer, will assume the responsibilities of the Company's principal accounting officer. Further information about Mr. Wilson's background and business experience can be found in "Item 1. Business – Executive Officers" of the Company's Annual Report on Form 10-K for the fiscal year ended December 29, 2024, filed with the Securities Exchange Commission (the "SEC") on February 26, 2025, which section is incorporated herein by reference. In connection with Mr. Wilson's assumption of these responsibilities, there will be no change in his compensation, a description of which can be found in the section titled "Employment Agreements, Separation Arrangements, and Executive Severance Plan" of the Company's Definitive Proxy Statement for the Company's 2025 Annual Meeting of Stockholders, filed with the SEC on April 24, 2025, which section is incorporated herein by reference.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: October 3, 2025

RED ROBIN GOURMET BURGERS, INC.

By: /s/ Sarah A. Mussetter

Name: Sarah A. Mussetter

Title: Chief Legal Officer
