FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
Name and Address of Reporting Person * Post Denny Marie				RED F	2. Issuer Name and Ticker or Trading Symbol RED ROBIN GOURMET BURGERS INC [RRGB]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X_ Officer (give title below) Other (specify below) Chief Marketing Officer				
(Last) (First) (Middle) 6312 S. FIDDLER'S GREEN CIRCLE, SUITE 200N				3. Date of Earliest Transaction (Month/Day/Year) 08/02/2012										Cine	Warketing	Sincer	
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) X_Form filed by One Reporting Person Form filed by More than One Reporting Person					
GREENWOOD VILLAGE, CO 80111 (City) (State) (Zip)					Table I - Non-Derivative Securities Acou							quir	ired, Disposed of, or Beneficially Owned				
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Dat any (Month/Day/Y		3. T Cod (Ins	3. Transaction Code (Instr. 8)		(A) or Disposed of (Instr. 3, 4 and 5) (A) or		quired l of (E	ed :	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) 6. Ownership Form: Be Direct (D) Ov		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
Common Stock		08/02/2012				F		148 (1		_	-	3,366 (2)			D		
Keimidei.	Report on a s	reparate fine for	or each class of secur		•			Pers cont the f	ons wi tained i form di	no respo in this fo splays a	orm a a cur	are i	not requ tly valid		ormation spond unle trol numbe	ss	2 1474 (9-02)
	1			(<i>e.g.</i> , puts										1			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		(Year) Execution 1	4. Transaction Code Year) (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		A U Se	Amou Jnder Secur Instr.	. 3 and	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Owners Form o Derivat Securit Direct or India	Ownershi y: (Instr. 4)	
				C	ode V	(A)	(D)	Date Exe	e rcisable	Expirati Date	ion T	itle	Amount or Number of Shares				

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Post Denny Marie 6312 S. FIDDLER'S GREEN CIRCLE SUITE 200N GREENWOOD VILLAGE, CO 80111			Chief Marketing Officer					

Signatures

/s/ Annita M. Menogan, Attorney-in-Fact	08/03/2012		
**Signature of Reporting Person	Date		

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- In connection with the vesting of 477 time-based restricted stock units which were granted on August 2, 2011 under the issuer's Second Amended and Restated 2007
- Performance Incentive Plan, the reporting person sold 148 of such shares to the issuer to satisfy her tax withholding obligations. The sale was approved by the issuer's Compensation Committee in accordance with Rule 16b-3(d)(1) of the Exchange Act (the "Act"), and as such, the sale is exempt from Section 16(b) of the Act pursuant to Rule 16b-3(e) promulgated thereunder.
- (2) Includes 3,037 restricted stock units subject to vesting and forfeiture restrictions.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.