FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)														
Name and Address of Reporting Person * Post Denny Marie				2. Issuer Name and Ticker or Trading Symbol RED ROBIN GOURMET BURGERS INC [RRGB]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X Officer (give title below) Other (specify below)				
(Last) (First) (Middle) 6312 S. FIDDLER'S GREEN CIRCLE, SUITE 200N				3. Date of Earliest Transaction (Month/Day/Year) 08/02/2013									Chie	f Marketing (omcer	
(Street) GREENWOOD VILLAGE, CO 80111				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person					
(City	")	(State)	(Zip)	Table I - Non-Derivative Securities Acqui						ired, Disposed of, or Beneficially Owned						
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, any (Month/Day/Yea		(Instr. 8)			(A) or Disposed of (Instr. 3, 4 and 5) (A) or		of (D)	Beneficially Owned Following Reported Transaction(s) Ownership (Instr. 3 and 4) Ownership Form: Beneficially Ownership Form: Ownership Form: Ownership Ownership Form: Ownership Ownership		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
Common Stock		08/02/2013			I	7	152			\$ 57.75	4,583 (2)			D		
Reminder:	Report on a s	separate line i		Derivative Sec	curiti	ies Ac	quire	Pers conta the f	ons whained in orm dis	no respo n this for splays a	rm are curre	not requesting ntly valid		ormation spond unlead trol number	ss	1474 (9-02)
1 73416	l ₂	3. Transactio		(e.g., puts, call		rrant 5.	s, op					:41	0 D.:C	0. Manuali and	£ 10	11 N
1. Title of Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	Date	Execution Da (Year) any					and Expiration Date (Month/Day/Year) A U S		Amo Und Secu			9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owners Form of Derivati Security Direct (or Indire	Beneficial Ownership (Instr. 4) D) ect	
								Date		Expiratio	n	Amount or Number				

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Post Denny Marie 6312 S. FIDDLER'S GREEN CIRCLE SUITE 200N GREENWOOD VILLAGE, CO 80111			Chief Marketing Officer				

Signatures

/s/ Douglas L. Christman, Attorney-in-Fact	08/05/2013
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- In connection with the vesting of 477 time-based restricted stock units, which were granted on August 2, 2011 under the issuer's Second Amended and Restated 2007
- (1) Performance Incentive Plan, the reporting person sold 152 of such shares to the issuer to satisfy her tax withholding obligations. The sale was approved by the issuer's Compensation Committee in accordance with Rule 16b-3(d)(1) of the Exchange Act (the "Act"), and as such, the sale is exempt from Section 16(b) of the Act pursuant to Rule 16b-3(e) promulgated thereunder.
- (2) Includes 3,655 restricted stock units subject to vesting and forfeiture restrictions.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.