### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPRO	JVAL
OMB Number:	3235-0287
Estimated average b	ourden
hours per response	0.5

longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

(Print or Type Responses)

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	Reporting Person*		2. Issuer Name and Ticker or Trading Symbol RED ROBIN GOURMET BURGERS INC [RRGB]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  _X_ Director						
DDLER'S	(First) GREEN CIRCI				t Transact	ion (Mo	onth/D	ay/Yea	ar)						
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line)  _X_Form filed by One Reporting Person  Form filed by More than One Reporting Person				
OOD VIL	(State)	(Zip)			Tabla	- Non-	Dariy	otivo 9	Sacuritia	s Acqui	rad Dienose	d of or Ron	aficially Own	nad	
(Instr. 3) Date		Date	ar) any		3. Transaction Code (Instr. 8)		4. Securities Acqui			uired	5. Amount of Owned Follo	of Securities I owing Report	Securities Beneficially ring Reported		7. Nature of Indirect Beneficial Ownership
					Coo	le V	/ Ar	mount	(A) or (D)	Price	(I)		or Indirect (I) (Instr. 4)	(Instr. 4)	
Stock		11/26/2013			M		4,	500	A	\$ 42.09	22,928		D		
Stock		11/26/2013			S		4,	500	D	\$ 80	18,428 (1)			D	
Stock											400			I	See footnote (2)
Stock											400		I	See footnote (3)	
eport on a se	parate line for each					Per in t dis	rsons this fo plays	s who orm a s a cu	re not re	equired valid O	to respon MB control	d unless th		ned SEC	1474 (9-02)
Derivative Conversion Date		3A. Deemed Execution Date, i	(e.g., puts, calls, warrant  4. 5. Number of Transaction of Derivative Acquired (A) or Disposed of (D)		f 6. Date Exercisable and Expiration Date (Month/Day/Year)  7. Tit of Un Secur (Instr				7. Title of Und Securit	le and Amount derlying tites Security Security Security Send Follow Report Transac		Derivative Securities Beneficially Owned Following Reported	Owners Form o Derivat Security Direct ( or Indirect)	Ownersh (y: (Instr. 4) (D)	
			Code	V (A	(D)	Date Exerci	isable		ation	Title	or Number of	er			
\$ 42.09	11/26/2013		M		4,500	<u>(</u>	<u>4)</u>	06/0	1/2016	Comr		\$ 0	500	D	
	chard J DDLER'S OOD VIL curity Stock Stock Stock eport on a ser 2. Conversion or Exercise Price of Derivative Security	Chard J  (First) DDLER'S GREEN CIRCI (Street)  COOD VILLAGE, CO 801 (State)  Curity  Stock  Stock  Stock  Stock  Poor a separate line for each  2. Conversion or Exercise Price of Poerivative Security  Security	chard J  (First) (Middle)  DDLER'S GREEN CIRCLE, SUITE  (Street)  (OOD VILLAGE, CO 80111  (State) (Zip)  Curity 2. Transaction Date (Month/Day/Year)  Stock 11/26/2013  Stock 11/26/2013  Stock 11/26/2013  Stock 11/26/2013  Table II -  2. Conversion or Exercise Price of Derivative Security (Month/Day/Year)  2. (Month/Day/Year)  3. Transaction Date (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)	chard J  RED RO (RRGB)  DDLER'S GREEN CIRCLE, SUITE  (Street)  (Street)  (Street)  (State)  (State)  (Zip)  Curity  2. Transaction Date (Month/Day/Year)  (Month/Day/Year)  Stock  11/26/2013  Stock  11/26/2013  Stock  11/26/2013  Stock  Table II - Derivative (e.g., puts execution any (Month/Day/Year)  Conversion or Exercise Price of Derivative Security  2. (Month/Day/Year)  3. Transaction Date (Month/Day/Year)  (Month/Day/Year)  3. Transaction Date (Month/Day/Year)  (Month/Day/Year)  Code  Code  Code  Code	Conversion Conversion Context (Month/Day/Year)  Table II - Derivative Security  Code V (Assured to the context of th	RED ROBIN GOURN [RRGB]  DDLER'S GREEN CIRCLE, SUITE  (Street)  (Street)  (State)  (State)  (State)  (State)  (State)  (State)  (State)  (State)  (A. If Amendment, Date Original Execution Date, if any (Month/Day/Year)  (Month/Day/Year)  Stock  11/26/2013  Stock  11/26/2013  Stock  11/26/2013  Stock  11/26/2013  Stock  Table II - Derivative Securities Acquered (e.g., puts, calls, warrants (Code (Month/Day/Year))  Table II - Derivative Securities Acquered (Month/Day/Year)  (Month/Day/Year)  A. If Amendment, Date Original Execution Date, if any (Month/Day/Year)  Stock  Table II - Derivative Securities Acquered (e.g., puts, calls, warrants (Month/Day/Year)  (Month/Day/Year)  A. Deemed Execution Date, if any (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Nonth/Day/Year)  (Nonth/Day/Year)	chard J  RED ROBIN GOURMET B [RRGB]  3. Date of Earliest Transaction (Mc 11/26/2013  RED ROBIN GOURMET B [RRGB]  3. Date of Earliest Transaction (Mc 11/26/2013  RED ROBIN GOURMET B [RRGB]  3. Date of Earliest Transaction (Mc 11/26/2013  RED ROBIN GOURMET B [RRGB]  3. Date of Earliest Transaction (Mc 11/26/2013  RED ROBIN GOURMET B [RRGB]  3. Date of Earliest Transaction (Mc 11/26/2013 In 11/26/2013  RED ROBIN GOURMET B [RRGB]  3. Date of Earliest Transaction (Mc 11/26/2013 In 11/26/2013  RED ROBIN GOURMET B [RRGB]  3. Date of Execution Date, if only (Month/Day/Year)  Red II - Non- Code (Instr. 8)  RED ROBIN GOURMET B [RRGB]  3. Date of Execution Date, if only (Month/Day/Year)  Red II - Derivative Securities Acquired, (e.g., puts, calls, warrants, option of Code (Instr. 8)  RED ROBIN GOURMET B [RRGB]  3. Date of Execution Date, if only (Instr. 8)  Red II - Non- Code (Instr. 8)  RED ROBIN GOURMET B [RRGB]  3. Date of Execution Date, if only (Instr. 8)  Red II - Non- Code (Instr. 8)  RED ROBIN GOURMET B [RRGB]  3. Date of Execution Date, if only (Instr. 8)  Red II - Non- Code (Instr. 8)  RED ROBIN GOURMET B [RRGB]  3. Deemed Execution Date, if only (Instr. 8)  Red II - Non- Code (Instr. 8)  RED ROBIN GOURMET B [RRGB]  3. Deemed Execution Date, if only (Instr. 8)  Red II - Non- Code (I	chard J  RED ROBIN GOURMET BURC [RRGB]  DDLER'S GREEN CIRCLE, SUITE  (Street)  (Street)  (Street)  (Street)  (Street)  (Street)  2. Transaction Date (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  Stock  11/26/2013  Table I - Non-Deriv Execution Date, if (Month/Day/Year)  (Month/Day/Year)  Stock  11/26/2013  M 4,  4. Famendment, Date Original Filed(Month/Day/Year)  (Month/Day/Year)  Code V And Stock  11/26/2013  Stock  Stock  11/26/2013  Stock  Stock  11/26/2013  Stock  11/26/2013  Stock  11/26/2013  Stock  11/26/2013  Stock  11/26/2013  Stock  11/26/2013  Stock  Stock  Stock  11/26/2013  Stock  Stock  Stock  11/26/2013  Stock  Stock  Stock  Stock  11/26/2013  Stock  Stoc	RED ROBIN GOURMET BURGERS [RRGB]  DDLER'S GREEN CIRCLE, SUITE  (Street)  4. If Amendment, Date Original Filed(Month/Day/Year)  COOD VILLAGE, CO 80111  (State)  2. Transaction Date (Month/Day/Year)  (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  (Month/Day/Year)  Stock  11/26/2013  A. If Amendment, Date Original Filed(Month/Day/Year)  2. A. Deemed Execution Date, if Code (A) or Disposed (Instr. 8)  Code V Amount  Stock  11/26/2013  M 4,500  Stock  11/26/2013  S 4,500  Table II - Derivative Securities Acquired, Socurities Acquired, Code (Instr. 8)  (e.g., puts, calls, warrants, options, convertif and part of the spiration Date (Instr. 8)  (month/Day/Year)  A. If Amendment, Date Original Filed(Month/Day/Year)  3. Transaction Code (A) or Disposed (Instr. 8)  Persons who in this form a displays a cu  Table II - Derivative Securities Acquired, Code (Instr. 8)  (e.g., puts, calls, warrants, options, convertif Transaction of Date (Instr. 8)  (GOD)  (Instr. 3, 4, and 5)  Date Expiration Date (Instr. 3, 4, and 5)  Code V (A) (D)  Date Exercisable Expiration Date (Instr. 3, 4, and 5)	Code V Amount (D)  Stock  11/26/2013  RED ROBIN GOURMET BURGERS INC (RRGB)  11/26/2013  3. Date of Earliest Transaction (Month/Day/Year)  11/26/2013  Table 1 - Non-Derivative Securities Acquired, Disposed of, or Bene (Security Price of Derivative Security (Month/Day/Year)  Table II - Derivative Securities Acquired, Disposed of, or Bene (Security and Month/Day/Year)  Table II - Derivative Securities Acquired, Disposed of, or Bene (Security and Security and Security (Month/Day/Year)  Table II - Derivative Securities Acquired, Disposed of, or Bene (Security and Security and Security (Month/Day/Year)  Table II - Derivative Securities Acquired, Disposed of, or Bene (Security and Security and Security (Month/Day/Year)  Table II - Derivative Securities Acquired, Disposed of, or Bene (Security and Security and Security (Month/Day/Year)  Table II - Derivative Securities Acquired, Disposed of, or Bene (Security and Security and Security (Month/Day/Year)  Table II - Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)  Code V (A) (D)  Date Expiration Date  Expiration Date  Expiration  Date  Expiration  Expiration  Date  Expiration  Date  Expiration  Date	RED ROBIN GOURMET BURGERS INC [RRGB]  Oblidits   Care   Ca	RED ROBIN GOURMET BURGERS INC [RRGB]  ODLER'S GREEN CIRCLE, SUITE  (Street)  4. If Amendment, Date Original Filed(Monda/Day/Year)  (State)  Curity  2. Transaction Date (Month/Day/Year)  (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  A Stock  11/26/2013  Stock  11/26/2013  M 4,500 A S 42.09  22,928  Stock  11/26/2013  S 4,500 D \$80 18,428 (D)  Persons who respond to the collection in this form are not required to respond to required to respondence of Execution Date, in this form are not required to respondence of Exec	Cherry (Tiran) (Maide) (DDLER'S GREEN CIRCLE, SUITE (Street) (Maide) (DDLER'S GREEN CIRCLE, SUITE (Street) (Maide) (Month/Day/Year) (Month/Day	RED ROBIN GOURMET BURGERS INC   Check all applicat   Check all application   Check all a	RED ROBIN GOURMET BURGERS INC  (Fivor)  (Fivor)  (Fivor)  (Fivor)  (Obtailio)  (DDLER'S GREEN CIRCLE, SUITE  (Stock)  (Stock)  (A flamendment, Date Original Filed(Month/Day/Year)  (A) Date (Month/Day/Year)  (A) Date (Month/Day/Year)  (A) Date (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (A) Date (Month/Day/Year)  (Month/Day/Y

Relationships

Officer Other

10%

Owner

Director

Reporting Owner Name / Address

Howell Richard J 6312 S. FIDDLER'S GREEN CIRCLE SUITE 200N GREENWOOD VILLAGE, CO 80111	X				
---	---	--	--	--	--

# **Signatures**

/s/ Michael L. Kaplan, Attorney-in-Fact	11/27/2013
Signature of Reporting Person	Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 4,979 restricted stock units subject to vesting and forfeiture restrictions.
- (2) The shares are held indirectly by the Christina Marie Howell Trust.
- (3) The shares are held indirectly by the David Christopher Howell Trust.
- (4) The option is fully vested.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.