### FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPR	OVAL
OMB Number:	3235-0287
Estimated average	burden
hours per response	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type		* * * * * * * * * * * * * * * * * * *		2 1	<b>N</b> I	. a. m: .1.	T 1'	. C1. 1	1	5 1	Relationshir	of Reportin	ng Person(s) t	Silver	
1. Name and Address of Reporting Person—ROTHE JAMES T  (Last) (First) (Middle) 6312 S. FIDDLER'S GREEN CIRCLE, SUITE 200N  (Street)  GREENWOOD VILLAGE, CO 80111  (City) (State) (Zip)			2. Issuer Name and Ticker or Trading Symbol RED ROBIN GOURMET BURGERS INC [RRGB]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) XDirector					
			T D CITTED	3. Date of Earliest Transaction (Month/Day/Year) 02/20/2014											
			4. If Amendment, Date Original Filed(Month/Day/Year)  Table I - Non-Derivative Securities Acqui							6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _Form filed by More than One Reporting Person					
									es Acquired						
(Instr. 3) Date			2A. Deen Execution		3. Trans Code	3. Transaction 4. Securities Acquired		aired 5. Ov	, <b>,</b> , ,		eneficially ed	6. Ownership Form:	7. Nature of Indirect Beneficial		
			( · · · · · · · · · · · · · · · · · · ·	(Month/D	ay/Year			amount	(A) or (D)		(Instr. 3 and 4)		]	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common S	Stock		02/20/2014			М	5	,000	A \$	S 12.09 21	1,128		-	D	
Common S	Stock		02/20/2014			S	4.5	5,000			6,128 <sup>(2)</sup>		-	D	
	eport on a se	parate line for each	class of securities b	peneficially	y owned	directly o	Perso	ns who			collection o		tion contain	ed SEC	1474 (9-02)
	eport on a se	parate line for each	Table II -	Derivativ	re Securi	ties Acqu	Perso in this displa ired, Disp	ns who form anys a cun	re not r rrently or Bene	equired to valid OME	o respond B control n	unless the		ed SEC	1474 (9-02)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction	Table II -  3A. Deemed Execution Date, i	Derivativ (e.g., puts 4. f Transac Code	5. 1 Security Securit	ties Acquerarrants, Number vivative surities quired or posed D) str. 3, 4,	Perso in this displa ired, Disp	ns who form and ys a cuntion osed of, convertibuter is able to the control of the	re not r rrently or Bene ole secur e and	equired to valid OME eficially Overities)	o respond B control n wned nd Amount lying	unless the umber.		f 10. Owners Form of Derivat Security Direct ( or Indir	11. Nati of Indir Benefic Owners (Instr. 4
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative	3. Transaction Date	Table II -  3A. Deemed Execution Date, i	Derivativ (e.g., puts 4. f Transac Code r) (Instr. 8	te Securi s, calls, w Securi S	ties Acquarrants, Number rivative rivat	Perso in this displa di	ns who form anys a cun cosed of, convertible tercisable any Year)	or Bene ole secur e and	required to valid OME eficially Overities)  7. Title and of Underly Securities	o respond B control n wned nd Amount lying	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(	f 10. Owners Form of Derivat Security Direct ( or Indir s) (I)	11. Nati of Indir Benefic Owners (Instr. 4

# Signatures

SUITE 200N

ROTHE JAMES T

Reporting Owner Name / Address

6312 S. FIDDLER'S GREEN CIRCLE

GREENWOOD VILLAGE, CO 80111

/s/ Michael L. Kaplan, Attorney-in-Fact	02/20/2014

Relationships

Officer Other

10%

Owner

Director

X

**Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The price reported is a weighted average price. The shares were sold in multiple transactions at prices ranging from \$73.00 to \$73.10, inclusive. The reporting person undertakes to (1) provide to the issuer, any security holder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- (2) Includes 4,979 restricted stock units that are subject to vesting and forfeiture restrictions.
- (3) The option is fully vested.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.