FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type	Responses)															
1. Name and HARRYM		2. Issuer Name and Ticker or Trading Symbol RED ROBIN GOURMET BURGERS INC [RRGB]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director Officer (give title below) Other (specify below) VP, CAO and Controller						
6312 SOU CIRCLE, S		3. Date of Earliest Transaction (Month/Day/Year) 02/19/2014									VP, CA	AO and Contr	oller			
(Street) GREENWOOD VILLAGE, CO 80111				4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person				
(City)		(State)	(Zip)			Ta	ble I -	Non-De	rivative	Securitie	s Acquir	ed, Disposed	of, or Bene	eficially Own	ed	
1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Yea			2A. Deemed Execution Date, any (Month/Day/Yea		e, if Code (Instr.		saction	4. Securities Acq (A) or Disposed (Instr. 3, 4 and 5)		of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)			6. Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership	
				(World)/Day/ 1 ca			Code	e V	Amount (A) or (D)				,		or Indirect (I) (Instr. 4)	(Instr. 4)
Common S	Stock		02/19/2014				A		180 (1	A	\$ 0 1	,528 (2)			D	
								ired, Dis	posed of	, or Bene	ficially C	IB control r Owned	number.			
Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Date Execution Date, if Transaction of Expiration Date (Month/Day/Year) any Code Derivative (Month/Day/Year)		7. Title and Amount of Underlying Derivati Securities Security			9. Number of Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owners Form of Derivat Security Direct (or Indir	Ownershi (Instr. 4) D) ect							
				Code	v	(A)		Date Exercisab		ration	Title	Amount or Number of Shares				
Employee Stock Option (Right to Buy)	\$ 71.99	02/19/2014		A	1	,057		(3)	02/1	9/2024	Comm	1 1 057	\$ 0	1,057	D	

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director 10% Owner		Officer	Other				
HARRYMAN TERRY D 6312 SOUTH FIDDLER'S GREEN CIRCLE SUITE 200N GREENWOOD VILLAGE, CO 80111			VP, CAO and Controller					

Signatures

/s/ Michael L. Kaplan, Attorney-in-Fact	02/21/2014
-Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Represents a grant of time-based restricted stock units under the issuer's Second Amended and Restated 2007 Performance Incentive Plan. Each time-based restricted stock unit (1) represents the contingent right to receive, upon vesting of the unit, one share of the issuer's common stock. One-fourth (1/4) of the units are scheduled to vest on each of the first, second, third and fourth anniversaries of the date of grant. The closing price on the date of grant, February 19, 2014, was \$71.99.
- (2) Includes 1,494 restricted stock units subject to vesting and forfeiture restrictions.
- (3) One-fourth (1/4) of the options are scheduled to vest on each of the first, second, third and fourth anniversaries of the date of grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.