FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

pe Response	s)															
1. Name and Address of Reporting Person* Laping Chris				2. Issuer Name and Ticker or Trading Symbol RED ROBIN GOURMET BURGERS INC [RRGB]							5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title below) Other (specify below)				
(Last) (First) (Middle) 6312 S. FIDDLER'S GREEN CIRCLE, SUITE 200N				3. Date of Earliest Transaction (Month/Day/Year) 03/07/2014									Cnier	Information	Officer	
(Street) GREENWOOD VILLAGE, CO 80111				4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person lired, Disposed of, or Beneficially Owned				
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqu							quir					
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Report on a s	separate fine i	Table II -	Derivative Se	curit	ies Acc	quire	Pers cont the f	ons wh ained in orm dis	o resp n this fo splays	orm a	are rrent	not requ tly valid	ired to res	spond unle	ss	1474 (9-02)
	Date	on 3A. Deemed Execution Da /Year) any	4. Transac Code Year)	etion 3)	5. Number of Deriva Securi Acquir (A) or Dispos of (D) (Instr. 4, and	er attive ties red sed 3, 5)	6. D and (Mo	ate Exerc Expirationth/Day/	cisable on Date Year) Expirati	7 A U S (I 4	Amou Jnder Secur Instr	Amount or Number of		Derivative Securities Beneficially Owned Following Reported	Owners Form of Derivat Security Direct (or Indir (s) (I)	Beneficia Ownershi (Instr. 4)
	and Address of Chris Chris Chris Chris Stock WOOD VI Chris Stock Report on a stock Conversion or Exercise Price of Derivative	Chris (First) FIDDLER'S GREEN (Street) WOOD VILLAGE, C (State) Gecurity 1 Stock Report on a separate line f Conversion or Exercise Price of Derivative	Address of Reporting Person Chris Chris (First) (Middle) FIDDLER'S GREEN CIRCLE, SUITE (Street) WOOD VILLAGE, CO 80111 (State) (Zip) Gecurity 2. Transaction Date (Month/Day/Year) A Stock 03/07/2014 Report on a separate line for each class of secundary and concentration of Exercise Price of Derivative 3. Transaction Date (Month/Day/Year) 3. A. Deemed Execution Data any (Month/Day/	2. Issuer N RED ROE [RRGB] 3. Date of E 03/07/201 (Street) 4. If Amends WOOD VILLAGE, CO 80111 (State) 2. Transaction Date (Month/Day/Year) A Stock 2. Transaction Date (Month/Day/Year) Table II - Derivative Securities beneficial Table II - Derivative Securities beneficial Transaction Date (A. Deemed Execution Date (A.	2. 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If Amendment, Date Original Filed(Month/Day/Year) 03/07/2014 4. If Amendment, Date Original Filed(Month/Day/Year) 03/07/2014 5. Table I - Non-Derivative Securities Acquired (A) or Disposed of (D) (Instr. 8) 07/07/2014 6. Stock 03/07/2014 6. Stock 03/07/2014 6. Stock 03/07/2014 7. Tile Persons who respond to tontained in this form are the form displays a current of Code (Month/Day/Year) (Month/Day/Year) 06/07/2014 7. Table II - Derivative Securities Acquired, Disposed of, or Beneficially or Exercise (Month/Day/Year) (Instr. 8) 07/07/2014 8. Stock 03/07/2014 9.	Address of Reporting Person ** Call State Call Address of Reporting Person ** Call Address of Reporting Person ** Call Address of Reporting Person ** Call RED ROBIN GOURMET BURGERS INC [RRGB]	2. Issuer Name and Ticker or Trading Symbol RED ROBIN GOURMET BURGERS INC [RRGB] 3. Date of Earliest Transaction (Month/Day/Year) (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (Chief) (Street) 4. 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Reporting Owners

	Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
Laping Chris 6312 S. FIDDLER'S GREEN CIRCLE SUITE 200N GREENWOOD VILLAGE, CO 80111			Chief Information Officer						

Signatures

/s/ Michael L. Kaplan, Attorney-in-Fact	03/10/2014		
Signature of Reporting Person	Date		

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- In connection with the vesting of 350 time-based restricted stock units which were granted on March 7, 2011 under the issuer's Amended and Restated 2007 Performance
- (1) Incentive Plan, the reporting person sold 111 of such shares to the issuer to satisfy his tax withholding obligations. The sale was approved by the issuer's Compensation Committee in accordance with Rule 16b-3(d)(1) of the Exchange Act (the "Act"), and as such, the sale is exempt from Section 16(b) of the Act pursuant to Rule 16b-3(e) promulgated thereunder.
- (2) Includes 3,827 restricted stock units subject to vesting and forfeiture restrictions.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.