FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
1. Name and Address of Reporting Person * Aiken Robert Blaine Jr				2. Issuer Name and Ticker or Trading Symbol RED ROBIN GOURMET BURGERS INC [RRGB]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director Officer (give title below) Other (specify below)							
(Last) (First) (Middle) 6312 S. FIDDLER'S GREEN CIRCLE, SUITE 200N				3. Date of Earliest Transaction (Month/Day/Year) 05/22/2014													
GREENV	WOOD VI	(Street)	O 80111	4. If Amendm	ent,	Date (Origir	nal Fil	ed(Month	n/Day/Year)		_X_ Form fil	ual or Joint/ed by One Repe ed by More than	orting Person		icable Line)	3)
(City) (State) (Zip)			Table I - Non-Derivative Securities Acqu					ired, Disposed of, or Beneficially Owned									
(Instr. 3) Date		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date any (Month/Day/Y		(Instr. 8)		etion	(A) or Disposed of (D) (Instr. 3, 4 and 5)		of 5)	Beneficial	nt of Securities ally Owned Following 1 Transaction(s) and 4)		Form: Direct (I or Indire	of Ind Benef Owne	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
						Co	ode	V	Amour	(A) or (D)	Price				(I) (Instr. 4)		
Common	Stock		05/22/2014			1	A		1,525 (1)	A	\$ 0	8,629 (2)		D		
Common	Stock											8,449			I	See Foots (3)	tnote
Reminder:	Report on a s	separate line fo		Derivative Sec	uriti	ies Ac	quire	Perso conta the fo	ons whained in	o respo n this fo splays a	rm ar curre	e not requently valid	ction of inf uired to res OMB con	spond unl	ess	EC 1474 ((9-02)
1. Title of	2.	3. Transaction	`	e.g., puts, calls	_	5.			te Exer			itle and	8. Price of	9. Number	of 10.	11	1. Natur
Derivative Conversion [Date Execution Date (Month/Day/Year) any		te, if Transact Code (Instr. 8)	ion	Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		and Expiration Date (Month/Day/Year) A U Se		Am Uno Sec	ount of lerlying urities tr. 3 and Derivative Security (Instr. 5)		Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Owner Form Deriv Secur Direct or Inc	ership of Be over tity: (In the tity) of tity: (In the tity) of tity: (In tity) of tity:		
				Code	v	(A)	(D)	Date Exerc		Expiration Date	Titl	Amount or e Number of Shares					

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Aiken Robert Blaine Jr 6312 S. FIDDLER'S GREEN CIRCLE SUITE 200N GREENWOOD VILLAGE, CO 80111	X					

Signatures

/s/ Michael L. Kaplan, Attorney-in-Fact	05/27/2014

**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Represents a grant of restricted stock units under the issuer's Second Amended and Restated 2007 Performance Incentive Plan. Each restricted stock unit represents the (1) contingent right to receive, upon vesting of the unit, one share of the issuer's common stock. One-third (1/3) of the units are scheduled to vest on each of the first, second, and third anniversaries of the date of grant. The closing price on the date of grant, May 22, 2014, was \$72.09.
- (2) Includes 6,504 restricted stock units subject to vesting and forfeiture restrictions.
- (3) The shares are held indirectly by the reporting person as trustee of the Robert B. Aiken Trust U/A 08/04/98.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.