FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPR	OVAL
OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Typ	e Responses)															
Name and Address of Reporting Person * Kalen Holmes				2. Issuer Name and Ticker or Trading Symbol RED ROBIN GOURMET BURGERS INC [RRGB]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director				
(Last) (First) (Middle) 6312 S. FIDDLER'S GREEN CIRCLE, SUITE 200N				3. Date of Earliest Transaction (Month/Day/Year) 08/10/2016													
(Street) GREENWOOD VILLAGE, CO 80111				4. If Amendment, Date Original Filed(Month/Day/Year)									6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person				
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqui						s Acquire	ired, Disposed of, or Beneficially Owned						
(Instr. 3) Date		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, any (Month/Day/Yea		ate, if				4. Securities Acqi (A) or Disposed of (Instr. 3, 4 and 5) (A) or Amount (D)		of (D) O	5. Amount of Securities Beneficially Owned Following Reported Fransaction(s) Instr. 3 and 4)		ed	Form:	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common	Stock		08/10/2016				A			,781	A	\$ 0 1,	1,781 ⁽²⁾			D	
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. Persons who respond to the collection of information contained SEC 1474 (9-02) in this form are not required to respond unless the form displays a currently valid OMB control number. Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned												1474 (9-02)					
	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if	4. Transac Code	tion	on of Expiration Date of Un Derivative (Month/Day/Year)			ities Security Securities		Owners Form of Derivat Security Direct (or Indir	Ownership (Instr. 4) D) ect					
				Code	V	(A)	(D)	Date Exer	cisable	Expirate Date	tion	Title	Amount or Number of Shares				
Common Stock (Right to Buy)	\$ 51.45	08/10/2016		A		5,000)		(3)	08/10	/2026	Commo	1.5 000	\$ 0	5,000	D	

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Kalen Holmes							
6312 S. FIDDLER'S GREEN CIRCLE	X						
SUITE 200N	Λ						
GREENWOOD VILLAGE, CO 80111							

Signatures

/s/ Michael L. Kaplan, Attorney-in-Fact	08/12/2016		
**Signature of Reporting Person	Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Represents a grant of time-based restricted stock units under the issuer's Amended and Restated 2007 Performance Incentive Plan. Each time-based restricted stock unit represents the (1) contingent right to receive, upon vesting of the unit, one share of the issuer's common stock. All units are scheduled to vest on the earlier of the next annual meeting date or the first anniversary of the grant date. The closing price on the date of grant, August 10, 2016, was \$51.45.
- (2) Consists of restricted stock units subject to vesting and forfeiture restrictions.
- (3) The options vest and become exercisable in equal monthly installments over the 24-month period following the date of grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.