FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
1. Name and Address of Reporting Person * MUHTAR JONATHAN A.				2. Issuer Name and Ticker or Trading Symbol RED ROBIN GOURMET BURGERS INC [RRGB]							NC		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X Officer (give title below) Other (specify below) Chief Concept Officer				
(Last) (First) (Middle) 6312 S. FIDDLER'S GREEN CIRCLE, SUITE 200N				3. Date of Earliest Transaction (Month/Day/Year) 03/15/2019										Cinc	er concept c	meer	
(Street) GREENWOOD VILLAGE, CO 80111				4. If Amendment, Date Original Filed(Month/Day/Year)							ar)		6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person				
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqu							ies Ac	cquire	ired, Disposed of, or Beneficially Owned				
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		(Instr. 8)		(A) or Disposed o		d of ((D) Benefici Reported		ant of Securities ally Owned Following d Transaction(s)		Ownership Form:	Beneficial		
					Co	ode	V	Amoun	(A) or (D)	Pri		Instr. 3 a	nd 4)		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
Common Stock		03/15/2019			I	7		136 <u>(1</u>) D	\$ 28.	.85	8,149 (2)			D		
Reminder:	Report on a s	separate line fo		Derivative Soles, parts	ecurit	ies Ac	quire	Pers cont the f	ons what in the constant in th	no responding this is splays	form a cu Benefi	are n irrentl icially	ot requ ly valid	ction of inf uired to res OMB conf	spond unle	SS	1474 (9-02)
1. Title of	2.	3. Transaction		4.		<u> 5.</u>	is, op					ies) 7. Title	e and	8 Price of	9. Number	of 10.	11. Natur
Derivative Security	Conversion or Exercise Price of Derivative Security		Execution Da	rate, if Transa Code	ction 8)		ative ities ired seed) . 3,	and Expiration Date (Month/Day/Year)		Amour Underl Securit (Instr. 4)	nt of lying ties 3 and	Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Owners Form o Derivat Securit Direct (or India	hip of Indirect Beneficia Ownershi (Instr. 4) D) ect		
				Code	V	(A)	(D)	Date Exer	cisable	Expirat Date	tion	Title 1	Amount or Number of Shares				

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
MUHTAR JONATHAN A. 6312 S. FIDDLER'S GREEN CIRCLE SUITE 200N GREENWOOD VILLAGE, CO 80111			Chief Concept Officer				

Signatures

/s/ Michael L. Kaplan, Attorney-in-Fact	03/18/2019
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

with Rule 16b-3(d)(1) of the Exchange Act, and as such, is exempt from Section 16(b) pursuant to Rule 16b-3(e) promulgated thereunder.

- In connection with the vesting of 486 time based restricted stock units which were granted on March 15, 2018, under the issuer's 2017 Performance Incentive Plan, the (1) reporting person sold 136 of such shares to the issuer to satisfy tax withholding obligations. The sale was approved by the issuer's Compensation Committee in accordance
- (2) Includes 3,543 shares subject to vesting and forfeiture restrictions.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.