FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
Name and Address of Reporting Person [*] Buchmeier Michael				2. Issuer Name and Ticker or Trading Symbol RED ROBIN GOURMET BURGERS INC [RRGB]							5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title below) Other (specify below) Chief People Officer					
(Last) (First) (Middle) 6312 S. FIDDLERS GREEN CIRCLE, SUITE 200N				3. Date of Earliest Transaction (Month/Day/Year) 02/18/2020										Cin	er reopie o	incer	
(Street) GREENWOOD VILLAGE, CO 80111				4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person					
(City) (State) (Zip)					Table I - Non-Derivative Securities Acqui								ired, Disposed of, or Beneficially Owned				
(Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		(Instr. 8)		4. Securities Acqu (A) or Disposed of (Instr. 3, 4 and 5)		of ((D) Beneficia Reported		ant of Securities ally Owned Following d Transaction(s)		Ownership Form:	Beneficial		
						ode	V	Amoun	(A) or (D)	Pri		(Instr. 3 a	nd 4)		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
Common Stock		02/18/2020				F		10 (1)	D	\$ 35.	.17	9,401 ⁽²⁾			D		
Terminaer.	report on a s	separate fine K	or each class of secur Table II -		·			Pers cont the f	ons whatained i	no respo n this fo splays a	orm a cu	are rren	not requ tly valid		ormation spond unle rol numbe	ss	1474 (9-02)
	l.			(e.g., puts	, calls, w		ts, op									2 4 2	144.37
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		Year) Execution I	4. Transaction Code Year) (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		U S	Amou Under Secur	. 3 and		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owners Form of Derivat Security Direct (or Indir	Beneficia Ownershi (Instr. 4) D) ect	
				C	ode V	(A)	(D)	Date Exer	e rcisable	Expirati Date	ion	Title	Amount or Number of Shares				

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Buchmeier Michael 6312 S. FIDDLERS GREEN CIRCLE SUITE 200N GREENWOOD VILLAGE, CO 80111			Chief People Officer					

Signatures

/s/ Michael L. Kaplan, Attorney-in-Fact	02/19/2020		
**Signature of Reporting Person	Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- In connection with the vesting of 32 time-based restricted stock units which were granted on February 17, 2016 under the issuer's Second Amended and Restated 2007
- (1) Performance Incentive Plan, the reporting person sold 10 of such shares to the issuer to satisfy tax withholding obligations. The sale was approved by the issuer's Compensation Committee in accordance with Rule 16b-3(d)(1) of the Exchange Act (the "Act"), and as such, the sale is exempt from Section 16(b) of the Act pursuant to Rule 16b-3(e) promulgated thereunder.
- (2) Includes 6,341 restricted stock units subject to vesting and forfeiture restrictions.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.