## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| (Print or Ty   | pe Response   | s)   |  |  |                    |             |         |  |                               |   |  |  |  |   |   |             |
|--|---|--|--|--|--------------------|-------------|---------|--|-------------------------------|---|--|--|--|---|---|-------------|
| 1. Name and Address of Reporting Person * MUHTAR JONATHAN A.             |   |  |  | 2. Issuer Name and Ticker or Trading Symbol<br>RED ROBIN GOURMET BURGERS INC<br>[RRGB] |                    |             |         |  |                               |   |  | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director X Officer (give title below) Other (specify below) |  |   |   |             |
| (Last) (First) (Middle)<br>6312 S. FIDDLER'S GREEN CIRCLE, SUITE<br>200N |   |  |  | 3. Date of Earliest Transaction (Month/Day/Year) 02/28/2020                            |                    |             |         |  |                               |   |  | Cni  | ef Concept O   | mer   |   |             |
| (Street) GREENWOOD VILLAGE, CO 80111                                     |   |  |  | 4. If Amendment, Date Original Filed(Month/Day/Year)                                   |                    |             |         |  |                               |   | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person |  |  |   |   |             |
| (City  | ")  | (State)                                    | (Zip)  | Table I - Non-Derivative Securities Acc  |                    |             |         |  | Acqu                          | uired, Disposed of, or Beneficially Owned |  |  |  |   |   |             |
|  |   | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date, in<br>any<br>(Month/Day/Year |  | Code<br>(Instr. 8) |             |         | 4. Securities Acqu (A) or Disposed or (Instr. 3, 4 and 5)  (A) or Amount (D) I |                               | of (D)                                    | Beneficially Owned Following<br>Reported Transaction(s)  |  | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4)  |   |   |             |
| Common Stock   |   | 02/28/2020                                 |  |  |                    | Р           |         | 1,000  |                               | \$<br>26.7                                | 16,278 (1)   |  |  | D   |   |             |
| Keminder:  | Report on a s   | separate fine fo                           |  | Derivative Se  | curit              | ies Ac      | equire  | Personta<br>conta<br>the fo  | ons wh<br>ained in<br>orm dis | o respon<br>this for<br>splays a          | m are<br>curre<br>eficial  | e not requ<br>ntly valid   |  | ormation<br>spond unle<br>trol numbe                | ss                                      | 1474 (9-02) |
| 1 TidC   | l <sub>a</sub>  | 3. Transactio                              |  | <i>e.g.</i> , puts, ca   | lls, w             | arran<br>5. | ts, opt | - í  |                               |   |  | 241 4  | 0 D.:C   | 9. Number o   | of 10.                                  | 11 N-4      |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)                      | Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | Date                                       | Execution Da<br>Year) any                                  | te, if Transaction Code<br>Year) (Instr. 8)  |                    |             |         | and Expiration Date (Month/Day/Year)   |                               | Ame<br>Und<br>Sect                        |  |  | Derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 4) | Owners Form of Derivati Security Direct ( or Indire | Beneficial Ownership (Instr. 4)  D) ect |             |
|  |   |  |  |  |                    |             |         | Date   |                               | Expiration                                | n Title  | Amount<br>or<br>Number   |  |   |   |             |

### **Reporting Owners**

|  | Relationships |              |                       |       |  |  |  |
|--|---------------|--------------|-----------------------|-------|--|--|--|
| Reporting Owner Name / Address   | Director      | 10%<br>Owner | Officer               | Other |  |  |  |
| MUHTAR JONATHAN A. 6312 S. FIDDLER'S GREEN CIRCLE SUITE 200N GREENWOOD VILLAGE, CO 80111 |               |              | Chief Concept Officer |       |  |  |  |

### **Signatures**

| /s/ Michael L. Kaplan, Attorney-in-Fact | 03/02/2020 |
|---|------------|
| **Signature of Reporting Person         | Date       |

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 10,034 shares subject to vesting and forfeiture restrictions.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.