### FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPRO	OVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type	e Responses)																	
1. Name and Address of Reporting Person* Schweinfurth Lynn S				2. Issuer Name and Ticker or Trading Symbol RED ROBIN GOURMET BURGERS INC [RRGB]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director X Officer (give title below) Other (specify below)						
6312 S. FI		(First) (Middle)  DDLER'S GREEN CIR., STE. 200N  3. Date of Earliest Transaction (Month/Day/Year)  03/25/2020								Chief I	Financial Off	icer						
(Street) GREENWOOD VILLAGE, CO 80111				4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line)  Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)		(State)	(Zip)		,	Table I	- Non-	Deriv:	ative Sec	urities	Acani	red. Di	snosed	of, or Bene	ficially Own	ed		
(Instr. 3) Date		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date any (Month/Day/Y		3. Tran Code (Instr. 8			4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		rired f (D)	5. Amount of Securities Benef Owned Following Reported Transaction(s)		eneficially	6. Ownershi Form:	of In Ben	7. Nature of Indirect Beneficial		
				(Month/	Day/Year)	Code	e V	7 Aı	mount	(A) or (D)	Price	or (I)			or Indirect (I) (Instr. 4)	) [`		
Common S	Stock		03/25/2020			A		12 (1)	,113	4	\$ 0	40,27	1 (2)			D		
			Table II -		ve Securiti				rm are i					inless the	form disp	ays		
1. Title of Derivative	2.											Owned						
Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year	4. Transac Code	5. Nution of De Secur	mber rivative ities ired (A) sposed ) . 3, 4,	6. Dat Expira (Mont	s, conv e Exer tion I	vertible s cisable a	securit	7. Title of Und Securi	e and A lerlying ties 3 and 4	mount		9. Number Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owne Form Derive Secur Direct or Ind	rship of tive ty: (D) irect	11. Natur of Indirec Beneficia Ownersh (Instr. 4)
Security	or Exercise Price of Derivative	Date	Execution Date, if any	4. Transac Code	5. Nu tion of De Secur Acqui or Dis of (D) (Instr.	mber rivative ities irred (A) sposed ) . 3, 4,	6. Dat Expira (Mont	s, converge Exertion In h/Day	vertible s reisable a Date //Year)	nd	7. Title of Und Securi	e and A derlying ties 3 and 4	mount	Derivative Security	Derivative Securities Beneficially Owned Following Reported Transaction	Owne Form Derive Secur. Direct or Ind (s) (I)	rship of tive ty: (D) irect	of Indirect Beneficia Ownersh

#### **Reporting Owners**

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Schweinfurth Lynn S 6312 S. FIDDLER'S GREEN CIR. STE. 200N GREENWOOD VILLAGE, CO 80111			Chief Financial Officer			

## Signatures

/s/ Michael L. Kaplan, Attorney-in-Fact	03/27/2020
Signature of Reporting Person	Date

#### **Explanation of Responses:**

 $\star$  If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Represents a grant of time-based stock units under the issuer's 2017 Performance Incentive Plan, as amended. Each time-based stock unit represents the contingent right to receive, upon (1) vesting of the unit, one share of the issuer's common stock. One-third of the units are scheduled to vest on each of the first, second, and third anniversaries of the date of grant. The closing price on the date of grant, March 25, 2020, was \$12.61.
- (2) Includes 28,564 shares subject to vesting and forfeiture restrictions.
- (3) One-third of the options are scheduled to vest on each of the first, second, and third anniversaries of the date of grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.