FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

trint or Type	e Responses)															
Name and Address of Reporting Person [*] Belhumeur Kristi A				2. Issuer Name and Ticker or Trading Symbol RED ROBIN GOURMET BURGERS INC [RRGB]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director Officer (give title below) Chief Accounting Officer				
(Last) (First) (Middle) 6312 S FIDDLER'S GREEN CIRCLE, SUITE 200N				3. Date of Earliest Transaction (Month/Day/Year) 03/25/2020								Cniei A	ccounting O	mcer		
(Street) GREENWOOD VILLAGE, CO 80111				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting PersonForm filed by More than One Reporting Person					
(City)		(State)	(Zip)	Table I - Non-Derivative Securities Acqu				s Acquire	uired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, i any (Month/Day/Year		Code (Instr.	(4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		of (D) O Ti	Owned Following Transaction(s)		curities Beneficially g Reported		7. Nature of Indirect Beneficial Ownership
				(Month/D	ay/ 1 car)	Cod	le '	V A	mount	(A) or (D)	Price	(Instr. 3 and 4)		Direct (D) or Indirect (I) (Instr. 4)	(Instr. 4)	
Common S	Stock		03/25/2020			A		1, (1	486	A	\$ 0 2,	,513 (2)			D	
							uired, l	Dispos	sed of, or	Bene	ficially O	B control n	iumber.			
1. Title of Derivative Security (Instr. 3)	Conversion Date Execute (Month/Day/Year) any		3A. Deemed Execution Date, it	(e.g., puts, calls, wa 4. 5. Ni if Transaction Code Deri ur) (Instr. 8) Secu Acqu (A) & Obisp of (I		Number 6. Exerivative ecurities cquired (A) or isposed		uired, Disposed of, or Bene, options, convertible secur 6. Date Exercisable and Expiration Date (Month/Day/Year)		securi			Derivative Security (Instr. 5)	Securities Beneficially Owned Following Reported Transaction(s	of 10.	
	Security				(A) of Disp of (E	or osed ()			,,			es	Security	Securities Beneficially Owned Following Reported Transaction	Owners Form of Derivat Securit Direct of or India (s) (I)	f Beneficia Ownershi y: (Instr. 4)
	Security			Code	(A) of Disp of (E	or osed O) r. 3, 4,	Date Exerci	isable	Expirati	on		es	Security	Securities Beneficially Owned Following Reported	Owners Form of Derivat Securit Direct or India	ship of Indirect Beneficia Ownershi (Instr. 4)

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Belhumeur Kristi A 6312 S FIDDLER'S GREEN CIRCLE SUITE 200N GREENWOOD VILLAGE, CO 80111			Chief Accounting Officer				

Signatures

/s/ Michael L. Kaplan, attorney-in-fact	03/27/2020
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Represents a grant of time-based stock units under the issuer's 2017 Performance Incentive Plan, as amended. Each time-based stock unit represents the contingent right to receive, upon (1) vesting of the unit, one share of the issuer's common stock. One-third of the units are scheduled to vest on each of the first, second, and third anniversaries of the date of grant. The closing price on the date of grant, March 25, 2020, was \$12.61.
- (2) Includes 2,252 shares subject to vesting and forfeiture restrictions.
- (3) One-third of the options are scheduled to vest on each of the first, second, and third anniversaries of the date of grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.