# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)										•				
1. Name and Address of Reporting Person * Conforti Thomas G.				2. Issuer Name and Ticker or Trading Symbol RED ROBIN GOURMET BURGERS INC [RRGB]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  _X_Director Officer (give title below)  Other (specify below)					
(Last) (First) (Middle) 6312 S. FIDDLERS GREEN CIRCLE, SUITE 200N				3. Date of Earliest Transaction (Month/Day/Year) 05/21/2020												
GREENV	WOOD VI	(Street)	O 80111	4. If Amendn	nent,	Date	Origir	nal Fil	ed(Month	n/Day/Year)		_X_ Form fil	ed by One Repo	Group Filing orting Person one Reporting		able Line)
(City	)	(State)	(Zip)	Table I - Non-Derivative Securities Acqui					ired, Disposed of, or Beneficially Owned							
(Instr. 3) Date			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Da any (Month/Day/	ĺ	(Instr. 8)		ction	(A) or Disposed of (D) (Instr. 3, 4 and 5)		of	Beneficial	t of Securiti lly Owned F Transaction nd 4)	ollowing	6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)
						С	ode	v	Amour	(A) or (D)	Price				(I) (Instr. 4)	
Common	Stock		05/21/2020				A		7,768 (1)	A	\$ 0	10,556	2)		D	
Common	Stock											7,500			I	See Footnote (3)
Reminder:	Report on a s	separate line fo		Derivative Sec	curit	ies Ac	quire	Perso conta the fo	ons whained in	o respo n this fo splays a	rm ar curre	e not requently valid	OMB con	formation spond unlo trol numbe	ess	C 1474 (9-02)
1. Title of	2.	3. Transaction	`	e.g., puts, call		5.			te Exer			itle and	8. Price of	9. Number	of 10.	11. Natur
Derivative Security	or Exercise (Month/Day/Year) any		Year) Execution Data		tion			and Expiration Date (Month/Day/Year) Ar Ur Se		Am Und Sec (Ins	ount of derlying urities str. 3 and	Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owner Form of Deriva Securit Direct or Indi	ship of Indired Beneficia Ownersh (Instr. 4)	
				Code	V	(A)	(D)	Date Exerc		Expiration Date	on Titl	Amount or e Number of Shares				

## **Reporting Owners**

	Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
Conforti Thomas G. 6312 S. FIDDLERS GREEN CIRCLE SUITE 200N GREENWOOD VILLAGE, CO 80111	X				

### **Signatures**

	/s/ Michael L. Kaplan, Attorney-in-Fact	05/22/2020
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**Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Represents a grant of restricted stock units under the issuer's 2017 Performance Incentive Plan, as amended. Each restricted stock unit represents the contingent right to (1) receive, upon vesting of the unit, one share of the issuer's common stock. The units are scheduled to vest on the earlier of the first anniversary of the date of grant or the next annual meeting of stockholders. The closing price on the date of grant was \$14.16.
- (2) Includes 7,768 restricted stock units subject to vesting and forfeiture restrictions.
- (3) The shares are held indirectly by the reporting person in the Thomas G. Conforti Revocable Trust, of which Mr. Conforti is the sole trustee.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.