| FORM 4 | 4 |
|--------|---|
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| Check this box if no  |
|-----------------------|
| longer subject to     |
| Section 16. Form 4 or |
| Form 5 obligations    |
| may continue. See     |
| Instruction 1(b).     |

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| (Print or Type Responses)  |                           |   |                    |                             |                      |  |  |  |   |  |  |                         |
|--|---------------------------|---|--------------------|-----------------------------|----------------------|--|--|--|---|--|--|-------------------------|
| 1. Name and Address of Reporting Per<br>Kalen Holmes   | son <sup>*</sup>          | 2. Issuer Name <b>and</b> Ticker or Trading Symbol<br>RED ROBIN GOURMET BURGERS INC<br>[RRGB] |                    |                             |                      |  | C  | 5. Relationship of Reporting Person(s) to Issuer<br>(Check all applicable)<br> |   |  |  |                         |
| (Last) (First)<br>6312 S. FIDDLER'S GREEN C<br>200N  | (Middle)<br>CIRCLE, SUITE | 3. Date of Earliest 7<br>05/21/2020   | Transactior        | ı (Mc                       | onth/Day/            | Year)  |  |  |   |  |  |                         |
| (Street) 4. If Amendment, Date Original Filed(Month/Day/Year)<br>GREENWOOD VILLAGE, CO 80111 |                           |   |                    |                             |                      |  | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting PersonForm filed by More than One Reporting Person |  |   |  |  |                         |
| (City) (State)   | (Zip)                     | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned              |                    |                             |                      |  |  |  |   |  |  |                         |
| 1.Title of Security<br>(Instr. 3)  |                           | 2A. Deemed<br>Execution Date, if<br>any<br>(Month/Day/Year)                                   | Code<br>(Instr. 8) | ode (4<br>nstr. 8) (1<br>(1 |                      | (A) or Disposed of<br>(D)<br>(Instr. 3, 4 and 5)<br>(A) or |  | 4 and 5)<br>(A) or   |   | 5. Amount of Securities<br>Beneficially Owned Following<br>Reported Transaction(s)<br>(Instr. 3 and 4) |  | Beneficial<br>Ownership |
| Common Stock   | 05/21/2020                |   | А                  |                             | 7,768<br>( <u>1)</u> | А  | \$0  | 16,842 (2)   | D |  |  |                         |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information SEC 1474 (9-02) contained in this form are not required to respond unless the form displays a currently valid OMB control number.

### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

| (e.g., puts, calls, warrants, options, convertible securities) |             |                  |                    |            |    |        |       |              |            |        |         |             |                |             |             |
|--|-------------|------------------|--------------------|------------|----|--------|-------|--------------|------------|--------|---------|-------------|----------------|-------------|-------------|
| 1. Title of  | 2.          | 3. Transaction   | 3A. Deemed         | 4.         |    | 5.     |       | 6. Date Exer | cisable    | 7. Tit | le and  | 8. Price of | 9. Number of   | 10.         | 11. Nature  |
| Derivative   | Conversion  | Date             | Execution Date, if | Transactio | on | Numb   | ber   | and Expirati | on Date    | Amou   | unt of  | Derivative  | Derivative     | Ownership   | of Indirect |
| Security   | or Exercise | (Month/Day/Year) | any                | Code       |    | of     |       | (Month/Day   | /Year)     | Unde   | rlying  | Security    | Securities     | Form of     | Beneficial  |
| (Instr. 3)   | Price of    |                  | (Month/Day/Year)   | (Instr. 8) |    | Deriv  | ative |              |            | Secur  | rities  | (Instr. 5)  | Beneficially   | Derivative  | Ownership   |
|  | Derivative  |                  |                    |            |    | Secur  |       |              |            | (Instr | . 3 and |             | Owned          | Security:   | (Instr. 4)  |
|  | Security    |                  |                    |            |    | Acqui  |       |              |            | 4)     |         |             | 0              | Direct (D)  |             |
|  |             |                  |                    |            |    | (A) 01 |       |              |            |        |         |             | 1              | or Indirect |             |
|  |             |                  |                    |            |    | Dispo  |       |              |            |        |         |             | Transaction(s) |             |             |
|  |             |                  |                    |            |    | of (D) |       |              |            |        |         |             | (Instr. 4)     | (Instr. 4)  |             |
|  |             |                  |                    |            |    | (Instr | · · · |              |            |        |         |             |                |             |             |
|  |             |                  |                    |            | ·  | 4, and | (5)   |              |            |        |         |             |                |             |             |
|  |             |                  |                    |            |    |        |       |              |            |        | Amount  |             |                |             |             |
|  |             |                  |                    |            |    |        |       | Date         | Expiration |        | or      |             |                |             |             |
|  |             |                  |                    |            |    |        |       | Exercisable  |            | Title  | Number  |             |                |             |             |
|  |             |                  |                    |            |    |        |       | Excicisable  | Date       |        | of      |             |                |             |             |
|  |             |                  |                    | Code       | V  | (A)    | (D)   |              |            |        | Shares  |             |                |             |             |

## **Reporting Owners**

|   | Relationships |              |         |       |  |  |  |
|---|---------------|--------------|---------|-------|--|--|--|
| Reporting Owner Name / Address  | Director      | 10%<br>Owner | Officer | Other |  |  |  |
| Kalen Holmes<br>6312 S. FIDDLER'S GREEN CIRCLE<br>SUITE 200N<br>GREENWOOD VILLAGE, CO 80111 | Х             |              |         |       |  |  |  |

# Signatures

| /s/ Michael L. Kaplan, Attorney-in-Fact | 05/22/2020 |
|---|------------|
| **Signature of Reporting Person         | Date       |

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Represents a grant of restricted stock units under the issuer's 2017 Performance Incentive Plan, as amended. Each restricted stock unit represents the contingent right to (1) receive, upon vesting of the unit, one share of the issuer's common stock. The units are scheduled to vest on the earlier of the first anniversary of the date of grant or the next annual meeting of stockholders. The closing price on the date of grant was \$14.16.
- (2) Includes 7,768 restricted stock units subject to vesting and forfeiture restrictions.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.