# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)													
Name and Address of Reporting Person *  Buchmeier Michael				2. Issuer Name and Ticker or Trading Symbol RED ROBIN GOURMET BURGERS INC [RRGB]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director X Officer (give title below) Other (specify below)  Chief People Officer				
(Last) (First) (Middle) 6312 S. FIDDLER'S GREEN CIRCLE, SUITE 200N				3. Date of Earliest Transaction (Month/Day/Year) 08/23/2021								Cni	er People Or	ncer	
(Street) GREENWOOD VILLAGE, CO 80111				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person				
(City) (State) (Zip)				Table I - Non-Derivative Securities Acquir							ired, Disposed of, or Beneficially Owned				
(Instr. 3) Date		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	(Instr. 8)		4. Securities Acqu (A) or Disposed of (Instr. 3, 4 and 5)		of (D)	Beneficia	nt of Securities ally Owned Following Transaction(s)		Ownership Form:	7. Nature of Indirect Beneficial Ownership		
			(Month/Day/Tear)	Cod	e	V A	mount	(A) or (D)	Price	(IIISII. 3 d			or Indirect (I) (Instr. 4)	ndirect (Instr. 4)	
Common Stock			08/23/2021		P		1,	,118		\$ 22.06	19,653 (1)			D	
Keminder:	Report on a s	eparate fine i	or each class of secur	Derivative Securit		P	Persor contain he for	ns who ned in m dis	o respo this fo plays a	rm are currer	not requ ntly valid		ormation spond unlead trol number	ss	1474 (9-02)
				(e.g., puts, calls, wa										0 10	Lee are
Security	2. Conversion or Exercise Price of Derivative Security	3. Transactic Date (Month/Day/	Execution Day (Year) any	Year) Code (Instr. 8)	5. Numbe of Derivat Securiti Acquire (A) or Dispose of (D) (Instr. 3 4, and 5	r a (()	and Expiration Date (Month/Day/Year)		Amo Undo Secu	tle and bunt of erlying trities r. 3 and	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Owners Form of Derivat Security Direct ( or Indir	Beneficial Ownershi (Instr. 4)  D) ect	
				Code V	(A) (		Date Exercis		Expiratio Date	Title	Amount or Number of Shares				

### **Reporting Owners**

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Buchmeier Michael 6312 S. FIDDLER'S GREEN CIRCLE SUITE 200N GREENWOOD VILLAGE, CO 80111			Chief People Officer				

## Signatures

/s/ Michael L. Kaplan, Attorney-in-Fact	08/24/2021		
**Signature of Reporting Person	Date		

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 13,434 shares subject to vesting and forfeiture restrictions.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.