

## Form 144 Filer Information

UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

FORM 144

## Form 144

NOTICE OF PROPOSED SALE OF SECURITIES  
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

## 144: Filer Information

Filer CIK 0001305052

Filer CCC XXXXXXXX

Is this a LIVE or TEST Filing? ☒ LIVE ☐ TEST

## Submission Contact Information

Name

Phone

E-Mail Address

## 144: Issuer Information

Name of Issuer Red Robin Gourmet Burgers Inc

SEC File Number 001-34851

Address of Issuer 10000 East Geddes Ave  
Ste 500  
Engelwood  
COLORADO  
80112

Phone 3038466000

Name of Person for Whose Account the Securities are To Be Sold Gerard J Hart SEP IRA

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer former CEO, Rule 144 until 10/24/2025

## 144: Securities Information

Title of the Class of Securities To Be Sold Class A Common Stock

Name and Address of the Broker UBS Financial Services Inc  
1000 Harbor Blvd  
3rd Floor  
Weehawken  
NJ  
07086

Number of Shares or Other Units To Be Sold 89293

Aggregate Market Value 571475.2

Number of Shares or Other Units Outstanding 17735916

Approximate Date of Sale 06/06/2025

Name the Securities Exchange NASDAQ

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the Class	Class A Common Stock
Date you Acquired	09/11/2024
Nature of Acquisition Transaction	Open Market Purchase
Name of Person from Whom Acquired	NA
Is this a Gift?	<input type="checkbox"/> Date Donor Acquired
Amount of Securities Acquired	7351
Date of Payment	09/10/2024
Nature of Payment	Cash

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Class A Common Stock
Date you Acquired	09/11/2024
Nature of Acquisition Transaction	Open Market Purchase
Name of Person from Whom Acquired	NA
Is this a Gift?	<input type="checkbox"/> Date Donor Acquired
Amount of Securities Acquired	1860
Date of Payment	09/10/2024
Nature of Payment	Cash

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Class A Common Stock
Date you Acquired	09/11/2024
Nature of Acquisition Transaction	Open Market Purchase
Name of Person from Whom Acquired	NA
Is this a Gift?	<input type="checkbox"/> Date Donor Acquired
Amount of Securities Acquired	789
Date of Payment	09/10/2024
Nature of Payment	Cash

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Class A Common Stock
Date you Acquired	08/24/2023
Nature of Acquisition Transaction	Open Market Purchase
Name of Person from Whom Acquired	NA

Is this a Gift?	<input type="checkbox"/> Date Donor Acquired	
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Amount of Securities Acquired	25000
Date of Payment	08/22/2023
Nature of Payment	Cash

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Class A Common Stock
Date you Acquired	06/06/2023
Nature of Acquisition Transaction	Open Market Purchase
Name of Person from Whom Acquired	NA

Is this a Gift?	<input type="checkbox"/> Date Donor Acquired	
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Amount of Securities Acquired	8754
Date of Payment	06/02/2023
Nature of Payment	Cash

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Class A Common Stock
Date you Acquired	06/06/2023
Nature of Acquisition Transaction	Open Market Purchase
Name of Person from Whom Acquired	NA

Is this a Gift?	<input type="checkbox"/> Date Donor Acquired	
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Amount of Securities Acquired	6246
Date of Payment	06/02/2023

Nature of Payment

Cash

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class

Class A Common Stock

Date you Acquired

03/14/2023

Nature of Acquisition Transaction

Open Market Purchase

Name of Person from Whom Acquired

NA

Is this a Gift?

☐ Date Donor Acquired

Amount of Securities Acquired

24243

Date of Payment

03/10/2023

Nature of Payment

Cash

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class

Class A Common Stock

Date you Acquired

03/14/2023

Nature of Acquisition Transaction

Open Market Purchase

Name of Person from Whom Acquired

NA

Is this a Gift?

☐ Date Donor Acquired

Amount of Securities Acquired

757

Date of Payment

03/10/2023

Nature of Payment

Cash

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class

Class A Common Stock

Date you Acquired

11/18/2022

Nature of Acquisition Transaction

Open Market Purchase

Name of Person from Whom Acquired

NA

Is this a Gift?

☐ Date Donor Acquired

Amount of Securities Acquired

14293

Date of Payment	11/16/2022
Nature of Payment	Cash

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

## 144: Securities Sold During The Past 3 Months

Name and Address of Seller	Gerard J Hart 13945 Old Coast Road Penthouse 1405 Naples FL 34110
Title of Securities Sold	Class A Common Stock, RRGB
Date of Sale	03/24/2025
Amount of Securities Sold	19045
Gross Proceeds	79232

## 144: Remarks and Signature

Remarks	
Date of Notice	06/06/2025

### ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature	/s/JOSEPH CASSIDY, as a duly authorized representative of UBS Financial Services Inc, as attorney-in-fact for Gerard J Hart SEP IRA
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**ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)**