

Form 144 Filer Information

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 144

Form 144

NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK 0001305052

Filer CCC XXXXXXXX

Is this a LIVE or TEST Filing? ☒ LIVE ☐ TEST

Submission Contact Information

Name

Phone

E-Mail Address

144: Issuer Information

Name of Issuer Red Robin Gourmet Burgers Inc

SEC File Number 001-34851

Address of Issuer 10000 East Geddes Ave
Ste 500
Engelwood
COLORADO
80112

Phone 3038466000

Name of Person for Whose Account the Securities are To Be Sold Hart Family 2021 DYN TR

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer Former CEO, Rule 144 until 10/24/2025

144: Securities Information

Title of the Class of Securities To Be Sold Class A Common Stock

Name and Address of the Broker UBS Financial Services Inc
1000 Harbor Blvd
3rd Floor
Weehawken
NJ
07086

Number of Shares or Other Units To Be Sold 10969

Aggregate Market Value 70201.6

Number of Shares or Other Units Outstanding 17735916

Approximate Date of Sale 06/06/2025

Name the Securities Exchange NASDAQ

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the Class	Class A Common Stock
Date you Acquired	05/20/2021
Nature of Acquisition Transaction	RSU Grant
Name of Person from Whom Acquired	NA
Is this a Gift?	<input type="checkbox"/> Date Donor Acquired
Amount of Securities Acquired	7768
Date of Payment	05/20/2021
Nature of Payment	RSU Grant

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Class A Common Stock
Date you Acquired	05/19/2022
Nature of Acquisition Transaction	RSU Grant
Name of Person from Whom Acquired	NA
Is this a Gift?	<input type="checkbox"/> Date Donor Acquired
Amount of Securities Acquired	3201
Date of Payment	05/19/2022
Nature of Payment	RSU Grant

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Name and Address of Seller	Gerard J Hart 13945 Old Coast Road Penthouse 1405 Naples FL 34110
Title of Securities Sold	Class A Common Stock, RRGB
Date of Sale	03/24/2025
Amount of Securities Sold	19045
Gross Proceeds	79232

144: Remarks and Signature

Remarks

Gerard Hart is the Trustee of the Hart Family 2021 Dynasty Trust

Date of Notice

06/06/2025

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature

/s/JOSEPH CASSIDY, as a duly authorized representative of UBS Financial Services Inc, as attorney-in-fact for Hart Family 2021 DYN TR

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)