FORM 3

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

APPROVAI	

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## INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person *  Kassem Humera	2. Date of Event Requiring Statement (Month/Day/Year) 09/15/2025	3. Issuer Name and Ticker or Trading Symbol RED ROBIN GOURMET BURGERS INC [ RRGB ]				
(Last) (First) (Middle)		(Check all applicable) (Month/Day/Year)	5. If Amendment, Date of Original Filed (Month/Day/Year)			
10000 E GEDDES AVENUE SUITE 500		Director  10% Owner  Officer (give title below)  Other (specify below)  Other (specify below)  Other (specify below)  Applicable Line)				
(Street) ENGLEWOOD CO 80112		Chief People Officer  X Form filed by One Reporting Form filed by More than On Person	•			
(City) (State) (Zip)						

## Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)  2. Amount of Securities Beneficially Owned (Instr. 4)  3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	neficial Ownership (Instr.
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# Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	1		3. Title and Amount of Securities Ur Derivative Security (Instr. 4)	, ,	Conversion or Exercise	Form: Direct (D) or	6. Nature of Indirect Beneficial Ownership (Instr. 5)
				Amount or	Price of Derivative Security	Indirect (I) (Instr. 5)	
	Date Exercisable	Expiration Date	Title	Number of Shares			

**Explanation of Responses:** 

No securities are beneficially owned.

/s/ Carrie Etherton, Attorney-in-Fact

09/22/2025

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

 $Note: File\ three\ copies\ of\ this\ Form,\ one\ of\ which\ must\ be\ manually\ signed.\ If\ space\ is\ insufficient,\ see\ Instruction\ 6\ for\ procedure.$ 

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

### POWER OF ATTORNEY

I hereby make, constitute and appoint each of Sarah Mussetter, Todd Wilson, Jeffrey Hoban, and Carrie Etherton of Red Robin Gourmet Burgers, Inc. (the "Company"), who at the time of acting pursuant to this Power of Attorney is each acting singly, as my true and lawful attorney-in-fact to:

(h)pepare, sign, acknowledge, deliver and file for me and on my behalf: (a) Forms 3, 4 and 5 and any amendments thereof in accordance with Section 16(a) of the Securities Exchange Act of 1934, as amended (the "Exchange Act") and the rules of the Securities and Exchange Commission ("SEC"), with respect to securities or contracts of (or with respect to) the Company, and Form ID or other information to secure an access and any other code and/or CIK number to permit my filing via EDGAR, and (b) any electronic Notice of Proposed Sale of Securities Pursuant to Rule 144 ("Form 144") and any amendments thereof in accordance with the requirements of Rule 144 under the Securities Act of 1933, as amended (the "Securities Act") and the SEC, with respect to any such securities or contracts; and

(a) and perform any and all acts for me and on my behalf which may be necessary or desirable to complete any such Form 3, 4 or 5 or any such Form 144 and execute any amendments thereto, and file in any authorized manner such form and this power of attorney with the SEC and any stock exchange or similar authority;

(3)ek or obtain, as my representative and on my behalf, information concerning transactions in or with respect to the Company's securities from any third party, including brokers, employee benefit plan administrators and trustees, knowing that I hereby authorize any such person to release any such information to the attorney-in-fact and approve any such release of information; and

(4) ke any other action of any type in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to me, in my best interest, or legally required of me, it being understood that the documents executed by such attorney-in-fact on my behalf pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion. I hereby grant to each such attorney-in-fact full power and authority to do and perform any and every act and thing requisite, necessary or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as I might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. This Power of Attorney authorizes, but does not require, each such attorney-in-fact to act in his or her discretion on information provided to such attorney-in-fact without independent verification of such information. I further acknowledge that the foregoing attorneys-in-fact, in serving in such capacity at my request, are not assuming, nor is the Company assuming, any of my responsibilities to comply with Section 16 of the Exchange Act or Rule 144 under the Securities Act or any liability I may have with respect to transactions reported or reportable thereunder. All prior actions taken by each such attorney-in-fact which are consistent with the authority conferred hereby are ratified and approved. This Power of Attorney shall remain in full force and effect until I am no longer required to file Section 16 reports or Form 144 with respect to my holdings of and transactions in or involving securities issued by the Company, or earlier if I revoke it in a signed writing delivered to each of the foregoing att

/s/ Humera Kassem Humera Kassem September 16, 2025