## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
Name and Address of Reporting Person *  Kalen Holmes				2. Issuer Name and Ticker or Trading Symbol RED ROBIN GOURMET BURGERS INC [RRGB]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  _X_ Director						
(Last) (First) (Middle) 6312 S. FIDDLER'S GREEN CIRCLE, SUITE 200N				3. Date of Earliest Transaction (Month/Day/Year) 05/30/2019													
(Street) GREENWOOD VILLAGE, CO 80111				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person							
(City) (State) (Zip)				Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										i			
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr. 8)		4. Securities Acqu (A) or Disposed of (D) (Instr. 3, 4 and 5)		of			Owned Following ansaction(s) I		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
						Co	ode	V	Amoui	(A) or (D)	Price				(I) (Instr. 4)		
Common Stock 05/30/2019			05/30/2019			A	A		3,562 (1)	A	\$ 0	9,074 (2	)		D		
Reminder:	Report on a s	separate line for		Derivative Sec	uritio	es Acc	quire	Personta conta the fo	ons whained i	no respor n this for splays a c	m are curre eficial	not requesting ntly valid	ction of inf uired to res OMB cont	spond unle	ss	1474 (9-02)	I ,
1. Title of	2	3. Transaction		e.g., puts, calls		rrant: 5.	s, opt					itle and	8 Price of	9. Number	of 10.	11. Natu	nre
Derivative Security	Conversion or Exercise Price of Derivative Security		Execution Da any	Transact Code (Instr. 8)	ion 1		ber and Expiration Date (Month/Day/Year)  All Units (In a control of the control		Ame Und Seco	ount of lerlying urities tr. 3 and		Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Owners Form o Derivat Security Direct ( or Indir	hip of Indire Benefici Ownersl (Instr. 4)	of Indirect Beneficial		
				Code	v	(A)	(D)	Date Exerc	cisable	Expiration Date	Title	Amount or Number of Shares					

### **Reporting Owners**

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Kalen Holmes 6312 S. FIDDLER'S GREEN CIRCLE SUITE 200N GREENWOOD VILLAGE, CO 80111	X					

#### **Signatures**

/s/ Michael L. Kaplan, Attorney-in-Fact	06/03/2019		
-Signature of Reporting Person	Date		

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Represents a grant of restricted stock units under the issuer's 2017 Performance Incentive Plan. Each restricted stock unit represents the contingent right to receive, upon (1) vesting of the unit, one share of the issuer's common stock. The units are scheduled to vest on the earlier of the first anniversary of the date of grant or the next annual meeting of stockholders. The closing price on the date of grant was \$30.88
- (2) Includes 3,562 restricted stock units subject to vesting and forfeiture restrictions.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.