FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
1. Name and Address of Reporting Person* MULLEN DENNIS B				2. Issuer Name and Ticker or Trading Symbol RED ROBIN GOURMET BURGERS INC [RRGB]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director X_ Officer (give title below) Other (specify below) Chief Executive Officer					
(Last) (First) (Middle) 6312 S. FIDDLER'S GREEN CIRCLE, SUITE 200N				3. Date of Earliest Transaction (Month/Day/Year) 03/02/2010									Cinc	LACCUIVE	Since		
(Street) GREENWOOD VILLAGE, CO 80111				4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person					
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqui							quire	ired, Disposed of, or Beneficially Owned					
(Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any	if Co	(Instr. 8)					D) B R	Beneficially Owned Following Reported Transaction(s)			Ownership of Form:	Beneficial		
				(Month/Day/Year			Code	V	Amou	or (D)			nstr. 3 a	10 4)		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common Stock		03/02/2010				A		13,90 (1)	0 A	\$ 0) 1:	197,710 (2)			D		
	•		r each class of secur Table II - 1					Pers cont the f	ons wh ained i orm dis	no resp n this f splays	orm a a curi	are n rentl	ot requ ly valid		ormation spond unle trol numbe	SS	1474 (9-02)
4 501 0	l.	lam .	,	e.g., puts,	calls, v	1	nts, op	1 (l	0 40	144.37
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	e (Month/Day/	Execution Da Year) any	te, if Transaction Code Year) (Instr. 8)		of Deri Secu Acq (A) Disp of (I (Inst	Number		and Expiration Date (Month/Day/Year)		Ai Ui Se		nt of lying	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Owners Form o Derivat Securit Direct (or India	Beneficia Ownersh (y: (Instr. 4)
				Co	ode V	(A)	(D)	Date Exer	cisable	Expirat Date	ion Ti	itle i	Amount or Number of Shares	er			

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
MULLEN DENNIS B 6312 S. FIDDLER'S GREEN CIRCLE SUITE 200N GREENWOOD VILLAGE, CO 80111	X		Chief Executive Officer				

Signatures

/s/ Attorney-in-Fact Annita M. Menogan	03/04/2010
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - Represents a grant of performance-based restricted stock units under the issuer's Amended and Restated 2007 Equity Incentive Plan. The target number of units subject to the award is presented in the table. Subject to certain continued employment requirements, the units are scheduled to vest following the third anniversary of the date of grant
- (1) if the issuer meets certain total shareholder return objectives. The number of units that vest may be 0% to 225% of the target number of units, depending upon performance. The maximum number of units that may vest is 31,275 (225% of the target number). Each performance-based restricted stock unit, once vested, will entitle the reporting person to receive one share of the issuer's common stock.
- (2) Includes 13,900 performance-based restricted stock units and 83,751 shares of restricted stock issued under the issuer's 2004 Performance Incentive Plan and Amended and Restated 2007 Performance Incentive Plan that are subject to vesting and forfeiture restrictions.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.