## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

pe Response	s)														
1. Name and Address of Reporting Person* Buchmeier Michael				2. Issuer Name and Ticker or Trading Symbol RED ROBIN GOURMET BURGERS INC [RRGB]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director X Officer (give title below) Other (specify below)				
(Last) (First) (Middle) 6312 S. FIDDLER'S GREEN CIRCLE, SUITE 200N				3. Date of Earliest Transaction (Month/Day/Year) 03/21/2022								CHIEFO	FERATINO	OFFICER	
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person  tired, Disposed of, or Beneficially Owned				
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqu											
1.Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Year		any		if (	Code (Instr. 8)		(A) or Disposed of (D) (Instr. 3, 4 and 5)		of	Beneficially Owned Following Reported Transaction(s) Form: (Instr. 3 and 4) Direct (1)		Ownership Form: Direct (D)	/		
						Code	V	Amour	(A) or (D)	Price				(I)	(msu. 4)
Common Stock 03/21/202		03/21/2022				A		7,029 (1)	A	\$ 0	25,511 <sup>(2)</sup>			D	
Report on a s	reparate fine ic	Table II - 1	Derivative	Secur	ities	Acquire	Pers conta the fe	ons whained in orm dis	no responding this for splays a	rm are curre	e not requently valid	uired to res	spond unle	ss	1474 (9-02)
2. Conversion or Exercise Price of Derivative Security	Date	n 3A. Deemed Execution Da any	te, if 4. Trai	nsaction	5. Nu of De Se Ac (A Di of (In	erivative curities equired ) or sposed (D) astr. 3,	6. Da and I (Mon	ate Exer Expirationth/Day	cisable on Date (Year)	7. T Am Und Sec (Ins 4)	Citle and count of derlying urities str. 3 and	8. Price of Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported	Owners Form of Derivat Security Direct ( or Indir (s) (I)	Beneficia Ownersh (Instr. 4)
	d Address of er Michael FIDDLER' WOOD VI Decurity  Stock Report on a s Conversion or Exercise Price of Derivative	(Street)  WOOD VILLAGE, Conversion or Exercise Price of Derivative  (First)  (First)  (First)  (Street)  (Street)  (Street)  (Street)  (State)  (State)  (State)  (State)  (State)  (All (Month/Day/	d Address of Reporting Person* er Michael  (First) (Middle)  FIDDLER'S GREEN CIRCLE, SUITE  (Street)  WOOD VILLAGE, CO 80111  (State) (Zip)  ecurity 2. Transaction Date (Month/Day/Year)  Stock 03/21/2022  Report on a separate line for each class of secure  Table II - 1  (Conversion or Exercise Price of Derivative Price of Derivative (Month/Day/Year)	d Address of Reporting Person 2. Issue RED Report Michael REPO	2. Issuer Name RED ROBIN [RRGB]  3. Date of Earlie 03/21/2022  (Street)  4. If Amendment  WOOD VILLAGE, CO 80111  2. Transaction Date (Month/Day/Year)  Stock  03/21/2022  2. Table II - Derivative Securices beneficially  Table II - Derivative Securices beneficially  Table II - Derivative Securices beneficially  Transaction Date (Month/Day/Year)  2. Transaction Date any (Month/Day/Year)  Stock  03/21/2022  3. Transaction Date (e.g., puts, calls, or Exercise Price of Derivative (Month/Day/Year)  (Month/Day/Year)  2. Transaction Date (Instr. 8)	d Address of Reporting Person 2. Issuer Name and RED ROBIN GO [RRGB]  O (First) (Middle) (RRGB]  O (Street) 3. Date of Earliest To 03/21/2022  (Street) 4. If Amendment, Date (Month/Day/Year) (Month/Day/Year)  Equation Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year)  Stock 03/21/2022  Table II - Derivative Securities (e.g., puts, calls, warred) (Month/Day/Year)  Table II - Derivative Securities (e.g., puts, calls, warred) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year)	2. Issuer Name and Ticker RED ROBIN GOURM [RRGB]  3. Date of Earliest Transaction 03/21/2022  (Street)  4. If Amendment, Date Origin (State)  (State)  2. Transaction Date (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  2. Table II - Derivative Securities Acquire (e.g., puts, calls, warrants, op Date (Month/Day/Year))  Table II - Derivative Securities Acquire (e.g., puts, calls, warrants, op One of Exercise (Month/Day/Year)  3. Date of Earliest Transaction O3/21/2022  4. If Amendment, Date Origin O3/21/2022  4. Deemed Execution Date, if Code (Instr. 8)  Code  Table II - Derivative Securities Acquire (e.g., puts, calls, warrants, op One of Code (Instr. 8)  Table II - Derivative Securities Acquire (e.g., puts, calls, warrants, op One of Code (Instr. 8)  2. Table II - Derivative Securities Acquire (e.g., puts, calls, warrants, op One of Code (Instr. 8)  Code (Instr. 8)	d Address of Reporting Person er Michael  2. Issuer Name and Ticker or Tra RED ROBIN GOURMET B [RRGB]  3. Date of Earliest Transaction (Month/Day/Year)  (Street)  4. If Amendment, Date Original File Properties (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  3. Transaction Code (Instr. 8)  Code V  Table II - Derivative Securities Acquired, Dickeg, puts, calls, warrants, options, and many (Month/Day/Year)  2. Transaction Date (A) or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)  Date	Code   V   Amount   Amount	d Address of Reporting Person = er Michael  2. Issuer Name and Ticker or Trading Symbol RED ROBIN GOURMET BURGERS INC [RRGB]  3. Date of Earliest Transaction (Month/Day/Year) 03/21/2022  4. If Amendment, Date Original Filed(Month/Day/Year) 03/21/2022  4. If Amendment, Date Original Filed(Month/Day/Year) 10/2022  4. Securities December 10/2022  4. Securities Acquired (A) or Disposed (Instr. 8) 10/2029  4. Securities December	2. Issuer Name and Ticker or Trading Symbol RED ROBIN GOURMET BURGERS INC [RRGB]  3. Date of Earliest Transaction (Month/Day/Year)  4. If Amendment, Date Original Filed(Month/Day/Year)  5. Transaction Date (Month/Day/Year)  6. Oode V Amount (A) or Disposed of (Instr. 8)  7. Today A \$ 0  8. Security  8. Transaction Conversion Date (A. Securities Acquired (Instr. 8)  8. Transaction Conversion Date (A. Securities Acquired (Instr. 8)  8. Code V Amount (A) or Disposed of or Beneficial (A. Securities Acquired (Instr. 8)  9. Today A \$ 0  9. Today A \$ 0  1. Toda	Address of Reporting Person* er Michael    Code   V   Amount   (D)   (Instr. 3, 4 and 5)	2. Issuer Name and Ticker or Trading Symbol (Che RED ROBIN GOURMET BURGERS INC [RRGB]   1.   1.   1.   1.   1.   1.   1.   1	2. Issuer Name and Ticker or Trading Symbol RED ROBIN GOURMET BURGERS INC   Check all application (Check all application)   Single of the Check all application (Check all application)   Single of the Check all application (Check all application)   Single of the Children of the Childr	2. Issuer Name and Ticker or Trading Symbol RED ROBIN GOURMET BURGERS INC   RED ROBIN GOURMET BURGERS IN COURSE IN

#### **Reporting Owners**

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Buchmeier Michael 6312 S. FIDDLER'S GREEN CIRCLE SUITE 200N GREENWOOD VILLAGE, CO 80111			CHIEF OPERATING OFFICER					

### **Signatures**

/s/ Michael L. Kaplan, Attorney-in-Fact	03/23/2022
Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Represents a grant of time-based restricted stock units under the issuer's 2017 Performance Incentive Plan, as amended. Each restricted stock unit represents the contingent
- (1) right to receive, upon vesting of the unit, one share of the issuer's common stock. One-third of the units are scheduled to vest on each of the first, second, and third anniversaries of the date of grant.
- (2) Includes 16,457 shares subject to vesting and forfeiture restrictions.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.