## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)													
Name and Address of Reporting Person *  Morse Darla				2. Issuer Name and Ticker or Trading Symbol RED ROBIN GOURMET BURGERS INC [RRGB]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director X Officer (give title below) Other (specify below)  CHIEF INFORMATION OFFICER					
(Last) (First) (Middle) 6312 S FIDDLER'S GREEN CIRCLE, SUITE 200N				3. Date of Earliest Transaction (Month/Day/Year) 03/21/2022							CHIEF INI	FORMATIO	N OFFICER		
(Street) GREENWOOD VILLAGE, CO 80111				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person					
(Cit		(State)	(Zip)	Table I - Non-Derivative Securities Acqu					s Acqu	uired, Disposed of, or Beneficially Owned					
(Instr. 3) Dat		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, any (Month/Day/Ye	if Coo	(Instr. 8)		4. Securities Acqu (A) or Disposed o (D) (Instr. 3, 4 and 5)		of	Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)  Owners Form: Direct (		Ownership Form:	/ 1		
					C	Code	V	Amoun	(A) or (D)	Price				(I) (Instr. 4)	,
Common Stock 03/21/202		03/21/2022			A		8,901 (1)	A	\$ 0	16,654 (2)			D		
				Derivative Secur		cquire	conta the f	ained ir orm dis sposed o	n this fo splays a of, or Ber	rm are curre neficial	e not requ ntly valid lly Owned		ormation spond unle trol numbe	ss	1474 (9-02)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		n 3A. Deemed Execution Da any	e.g., puts, calls, (4.) te, if Transactio Code Year) (Instr. 8)	5. Num of	ber vative rities nired or	6. Da	convert ate Exerc Expiration onth/Day/	cisable on Date	7. T Ame Und Seco	fitle and ount of derlying urities tr. 3 and	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction	Owners Form of Derivati Security Direct ( or Indire	Beneficia Ownersh (Instr. 4)

### **Reporting Owners**

	Relationships							
Reporting Owner Name / Address	Director 10% Owner		Officer	Other				
Morse Darla 6312 S FIDDLER'S GREEN CIRCLE SUITE 200N GREENWOOD VILLAGE, CO 80111			CHIEF INFORMATION OFFICER					

### **Signatures**

/s/ Michael L. Kaplan, Attorney-in-Fact	03/23/2022		
**Signature of Reporting Person	Date		

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Represents a grant of time-based restricted stock units under the issuer's 2017 Performance Incentive Plan, as amended. Each restricted stock unit represents the contingent
- (1) right to receive, upon vesting of the unit, one share of the issuer's common stock. One-third of the units are scheduled to vest on each of the first, second, and third anniversaries of the date of grant.
- (2) Includes 16,654 shares subject to vesting and forfeiture restrictions.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.