# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| (Print or Ty  | pe Response   | s)   |   |  |         |   |          |  |   |   |   |                            |  |   |                                 |             |
|---|---|--|---|--|---------|---|----------|--|---|---|---|----------------------------|--|---|---------------------------------|-------------|
| Name and Address of Reporting Person *  Morse Darla                     |   |  |   | 2. Issuer Name and Ticker or Trading Symbol<br>RED ROBIN GOURMET BURGERS INC<br>[RRGB] |         |   |          |  |   |   | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X Officer (give title below) CHIEF INFORMATION OFFICER         |                            |  |   |                                 |             |
| (Last) (First) (Middle)<br>6312 S FIDDLER'S GREEN CIRCLE, SUITE<br>200N |   |  |   | 3. Date of Earliest Transaction (Month/Day/Year) 05/19/2022                            |         |   |          |  |   |   |   | CHIEF INI                  | FORMATIO   | N OFFICE  |                                 |             |
| (Street) GREENWOOD VILLAGE, CO 80111                                    |   |  |   | 4. If Amendment, Date Original Filed(Month/Day/Year)                                   |         |   |          |  |   |   | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _Form filed by More than One Reporting Person |                            |  |   |                                 |             |
| (City) (State) (Zip)  |   |  | Table I - Non-Derivative Securities Acqui |  |         |   |          |  |   | ired, Disposed of, or Beneficially Owned          |   |                            |  |   |                                 |             |
| 1.Title of Security<br>(Instr. 3)                                       |   | 2. Transaction<br>Date<br>(Month/Day/Year) | Execution any                             | Execution Date, if Code  |         | 4. Securities Acqu (A) or Disposed or (Instr. 3, 4 and 5)                               |          | of (D)   | Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)  Ownership Form: Direct (D) or Indirect (I) |   | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4)   |                            |  |   |                                 |             |
| Common Stock  |   |  | 05/19/2022                                |  |         |   | ode<br>F | V  | 384 C   | 1) D  | Price<br>\$<br>8.16   | 15,908                     | 15,908 (2)   |   | (Instr. 4) D                    |             |
| Reminder: 1   | Report on a s   | eparate line to                            |   | Derivative :   | Securit | ties Ac   | equire   | Pers<br>cont<br>the f  | ons wi<br>ained i<br>orm di   | ho respo<br>in this for<br>splays a<br>of, or Ber | rm ar<br>curre<br>neficia   | e not requently valid      | OMB conf   | ormation<br>spond unle<br>trol numbe              | ss                              | 1474 (9-02) |
|   |   |  |   | (e.g., puts, c   | alls, w |   | ts, op   | 1  |   |   |   |                            | 1  | ı   |                                 |             |
| Security  | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security |  | Execution Da<br>Year) any                 | e, if Transaction<br>Code<br>(Instr. 8)  |         | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) |          | 6. Date Exercisable<br>and Expiration Date<br>(Month/Day/Year) |   | Am<br>Und<br>Sec                                  |   |                            | 9. Number of<br>Derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 4) | Owners Form of Derivat Security Direct ( or Indir | Beneficial Ownership (Instr. 4) |             |
|   |   |  |   | Cod  | e V     | (A)   | (D)      | Date<br>Exer   | cisable   | Expiratio<br>Date                                 | n Titl  | Amount or Number of Shares |  |   |                                 |             |

### **Reporting Owners**

|   | Relationships |              |                           |       |  |  |  |  |
|---|---------------|--------------|---------------------------|-------|--|--|--|--|
| Reporting Owner Name / Address  | Director      | 10%<br>Owner | Officer                   | Other |  |  |  |  |
| Morse Darla<br>6312 S FIDDLER'S GREEN CIRCLE<br>SUITE 200N<br>GREENWOOD VILLAGE, CO 80111 |               |              | CHIEF INFORMATION OFFICER |       |  |  |  |  |

## Signatures

| /s/ Michael L. Kaplan, Attorney-in-Fact | 05/23/2022 |  |  |
|---|------------|--|--|
| **Signature of Reporting Person         | Date       |  |  |

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- In connection with the vesting of 1,329 time-based restricted stock units which were granted on May 19, 2021, under the issuer's 2017 Performance Incentive Plan, as amended, the reporting person sold 384 of such shares to the issuer to satisfy tax withholding obligations. The sale was approved by the issuer's Compensation Committee in accordance with Rule 16b-3(d)(1) of the Exchange Act (the "Act"), and as such, the sale is exempt from Section 16(b) of the Act pursuant to Rule 16b-3(e) promulgated thereunder.
- (2) Includes 14,069 shares subject to vesting and forfeiture restrictions.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.